



# *Building a Healthy* **Adoptive Family:** *10 Factors* ***of Success***

<b>Factor One:</b>	Healthy adoptive families have a clear and honest understanding of their motivation to adopt.
<b>Factor Two:</b>	Healthy adoptive families are aware that building a family through adoption presents unique challenges and stresses.
<b>Factor Three:</b>	Healthy adoptive families know the importance of creating a family environment that deals openly with the issues of adoption.
<b>Factor Four:</b>	Healthy adoptive families understand the developmental stages of adoption.
<b>Factor Five:</b>	Healthy adoptive families are aware of the attachment challenges of adoption and are willing to learn attachment-building skills.
<b>Factor Six:</b>	Healthy adoptive families understand the importance of talking to their child about the past.
<b>Factor Seven:</b>	Healthy adoptive families explore the cultural needs of their youngster and move to meet them.
<b>Factor Eight:</b>	Healthy adoptive parents understand the core issues of adoption that may affect them and their child and the triggers that may create crisis.
<b>Factor Nine:</b>	Healthy adoptive families find the balance between too much and too little parental control.
<b>Factor Ten:</b>	Healthy adoptive parents have a well-developed sense of humor.

This information has been provided as a service to adoptive families by Dillon International, Inc.